

Open the Dandle WRAP Stretch completely. Lay the baby on the center of the WRAP, with the top edge of the fabric in line with the top of the baby's shoulders. Bring hands to midline and wrap the shorter wing¹ over the arm and chest, then bring the longer wing² all the way over and secure it to the back.

The Velcro® square should be in the center of the baby's chest.

Round the baby's lower back and tuck the knees toward the abdomen. Bring the pouch³ up over the baby's legs and secure to the large Velcro[®] square on the front, maintaining the flexed position.

Bring the sides of the pouch around to the back and secure. Adjust as necessary to meet baby's positioning and medical needs.

Appropriate supportive positioning enhances physiologic and behavioral tolerance of NICU interventions, decreases stress, and supports the infant's developing brain. The **Dandle WRAP Stretch**:

- Promotes physiologic and behavioral stability
- Promotes self-regulation
- Encourages movement
- Reduces Stress

- Promotes sleep
- Provides controlled exposure to proprioceptive input
- Provides the caregiver with a 2nd set of hands to support the infant during cares and procedures

